

## JESUS IS TRUE POWER | EPISODE 3

### Episode 3 Video Timestamps:

0:00-32:49 - Session 1: The Power of God

32:50-1:05:02 - Session 2: Jesus Is Power

1:05:03-1:33:57 - Session 3: Jesus Shares His Power

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### SESSION 1: THE POWER OF GOD

#### Old Testament: Power To Save And Conquer

Imagine having access to unlimited, divine power to live the most satisfying, God-honoring life possible, but you still feel powerless, weak, incapable, helpless. Maybe its not a lifetime of weakness but moments throughout our lives.

- Maybe you feel helpless to resist sin sometimes, or do the right thing.
- Maybe you feel helpless to fix your marriage or your lifetime of singleness.
- Maybe you feel powerless to overcome addiction and move forward in life.
- Maybe you feel powerless to change the way you respond in certain situations with your spouse where you drive them away

We need power to live life. Period. Everyone is tapping into some energy source to live their everyday life. Every person on the planet is looking to something for a sense of power to live a successful, effective life. The power to succeed, endure, resist, progress, achieve, sharpen, profit, built etc.

**Power Definition:** might, strength force, ability, efficacy, energy

#### Old Testament: Power To Save And Conquer

*Exodus 9:16 - But for this purpose I have raised you up, **to show you my power**, so that **my name** may be proclaimed in all the earth.*

*Exodus 15:6 - Your right hand, O LORD, glorious in power,*

***your right hand, O LORD, shatters the enemy.***

*Psalm 21:13 - Be exalted, O LORD, in your strength!  
We will sing and **praise your power***

*Psalm 67:2 - that your way may be known on earth,  
**your saving power** among all nations.*

*Jeremiah 10:12 - It is he who made the earth **by his power**,  
who established the world by his wisdom,  
and by his understanding stretched out the heavens.*

### **Old Testament: Power Belongs to God**

*1 Chronicles 29:11-12 - **Yours, O LORD**, is the greatness and **the power** and the glory and the victory and the majesty, for **all that is in the heavens and in the earth is yours**. Yours is the kingdom, O LORD, and you are exalted as head above all. Both riches and honor come from you, and you rule over all. In your hand are power and might, and in your hand it is to make great and to give strength to all.*

*2 Chronicles 20:6b - **In your hand are power** and might, so that none is able to withstand you.*

*Psalm 62:11-12 Once God has spoken;  
twice have I heard this:  
**that power belongs to God**,  
and that to you, O Lord, belongs steadfast love.  
For you will render to a man  
according to his work*

### **Old Testament: God Gives Power**

*Psalm 68:35 - Awesome is God from his sanctuary;  
the God of Israel—he is the one **who gives power** and strength to his people.  
Blessed be God!*

*Isaiah 40:29 - **He gives power** to the faint,  
and to him who has no might he increases strength.*

*Micah 3:8 - **But as for me, I am filled with power,  
with the Spirit of the LORD,**  
and with justice and might,  
to declare to Jacob his transgression  
and to Israel his sin.*

### **SESSION 1: PERSONAL APPLICATION QUESTION**

- Read through the Scriptures for this week and think about what true power really is.

### **SESSION 1: GROUP QUESTIONS**

1. What does it mean to rely on God's power? And, in what ways, have you recently been relying on God's power in your life? (Give some practical examples)
  2. What are some things that often get in the way of you relying on God's power? (Examples: pride, fear, laziness, social media, etc)
  3. When you consider the Scriptures from this session, what seems to be the most common way that God displays His power in the Bible? And, what does this teach us about God?
  4. Psalm 68 speaks of how God gives power to His people and its connected to the presence of God in His sanctuary. Meditate on this connection, and consider what this is teaching us about the presence of God in our lives.
  5. Micah 3:8 connects the power of God and His Spirit. As Spirit-filled believers, what does this teach us about how we should expect to experience God's power in our lives?
  6. What is some evidence that God's power is at work in a community of believers? Give some examples of when you've seen God's power at work in a group of believers.
  7. Why is it best for us to remain dependent on God's power as a community?
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## **SESSION 2: JESUS IS POWER**

1 Corinthians 1:17-25 - For Christ did not send me to baptize but to preach the gospel, and not with words of eloquent wisdom, lest **the cross of Christ be emptied of its power**. For the **word of the cross** is folly to those who are perishing, but to us who are being saved **it is the power of God**. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, it pleased God through the folly of what we preach to save those who believe. For Jews demand signs and Greeks seek wisdom, but we preach Christ crucified, a stumbling block to Jews and folly to Gentiles, but to those who are called, both Jews and Greeks, **Christ the power of God** and the wisdom of God. For the foolishness of God is wiser than men, and the weakness of God is stronger than men.

Romans 1:16 - For I am not ashamed of the gospel, for **it is the power of God** for salvation to everyone who believes, to the Jew first and also to the Greek

### **Jesus Christ In Power:**

Hebrews 1:3 - He is the radiance of the glory of God and the exact imprint of his nature, and he upholds the universe by the word of his power. After making purification for sins, he sat down at the right hand of the Majesty on high,

Luke 4:36-37 - And they were all amazed and said to one another, "What is this word? For **with authority and power** he commands the unclean spirits, and they come out!" And reports about him went out into every place in the surrounding region.

Matthew 24:30 - Then will appear in heaven the sign of the Son of Man, and then all the tribes of the earth will mourn, and they will see the Son of Man coming on the clouds of heaven **with power** and great glory. And he will send

out his angels with a loud trumpet call, and they will gather his elect from the four winds, from one end of heaven to the other.

Matthew 26:64 - Jesus said to him, "You have said so. But I tell you, from now on you will see the Son of Man seated at **the right hand of Power** and coming on the clouds of heaven.

Matthew 28:18-20 - And Jesus came and said to them, "**All authority in heaven and on earth has been given to me.** Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age."

**Matthew 28 Power Definition:** power to act, authority

Luke 22:69 - But from now on the Son of Man shall be seated at the **right hand of the power of God.**"

1 Peter 3:22 - Who has gone into heaven and is at the right hand of God, with angels, authorities, and powers having been subjected to him

## **SESSION 2: PERSONAL APPLICATION QUESTION**

- Read through the Scriptures for this week and think about what it means that Jesus is the power of God.

## **SESSION 2: GROUP QUESTIONS**

1. Jesus is the power of God, which is why the gospel is the power for salvation. How have you seen the good news of Jesus at work in and through your life recently?
2. Who is God impacting through your life with the message of His Son?
3. What are some obvious areas of weakness in your life? And, what might it look like for God to strengthen you in that area?
4. 1 Corinthians 1:17-25 makes it clear that God's power appears weak to the world, and the gospel sounds foolish to unbelievers. Then, Paul mentions that Christ is the power and

wisdom of God. Think about why Paul makes this connection, and what this might show us about Jesus and His work on the cross?

5. Romans 1:16 says that the gospel is the power of God, but its only for those who believe. Think about the connection between faith and God's power. What does this teach us about how God's power is realized in our lives?
6. When Jesus commissions His disciples in Matthew 28, He first tells them that He has all power and authority in Heaven and on earth. What does this mean? Think about what He has power and authority to do now.
7. Many Bible passages about God's power will emphasize the fact that Jesus is seated in Heaven at the right hand of God. What do you believe this means? And, how does this affect our ability to walk in God's power?

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### **SESSION 3: JESUS SHARES HIS POWER**

*Ephesians 1:19-22 - and what is the immeasurable greatness of his power toward us who believe, according to the working of his great might that he worked in Christ when he raised him from the dead and seated him at his right hand in the heavenly places, far above all rule and authority and power and dominion, and above every name that is named, not only in this age but also in the one to come. And he put all things under his feet and gave him as head over all things to the church, which is his body, the fullness of him who fills all in all.*

*Luke 9:1-2 - And he called the twelve together and gave them power and authority over all demons and to cure diseases, and he sent them out to proclaim the kingdom of God and to heal.*

*Luke 10:19 - Behold, I have given you authority to tread on serpents and scorpions, and over all the power of the enemy, and nothing shall hurt you.*

*Luke 24:49 - And behold, I am sending the promise of my Father upon you. But stay in the city until you are clothed with power from on high."*

*2 Peter 1:3-4 - His divine power has granted to us all things that pertain to life and godliness, through the knowledge of him who called us to his own glory and excellence, by which he has granted to us his precious and very great promises, so that through them you may become partakers of the divine nature, having escaped from the corruption that is in the world because of sinful desire*

*1 Peter 1:3-5 - Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead, to an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you, who by God's power are being guarded through faith for a salvation ready to be revealed in the last time*

*2 Corinthians 10:4 - For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds*

*2 Corinthians 12:9 - But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me.*

### **SESSION 3: PERSONAL APPLICATION QUESTION**

- Read through the Scriptures for this week and think about how Jesus shares His power with us and why we need it.

### **SESSION 3: GROUP QUESTIONS**

1. Why is it important for you to stay aware of your need for God's power? How does this practically influence the way that you live?
2. How can you be more aware of how much you depend on God for power each day? What are some practical things you can do to stay mentally focused on God and His power?
3. Ephesians 1:19-22 tells us God's power is at work in our lives. Think about what this passage says about Jesus. Based on this passage, what is the purpose of God's power for us? What is His power doing for us?

4. 1 Peter 1:3-5 tells us that God's power guards us through our faith, because we've been born again. What are we being guarded from, according to this passage?

5. Why do we need to be born again to be guarded by the power of God?

6. 2 Corinthians 10:4 talks about strongholds that need to be destroyed. Based on the context, what are these "strongholds" Paul is referring to? Give some examples of these "strongholds" that you've seen in church communities?

7. How should we, as a community, deal with these "strongholds" in our midst, according to 2 Corinthians 10:4? What weapons has God given us to address these problems in churches?